



EAP ANNOUNCEMENT

We all experience personal problems. No one is exempt. When problems become too much to deal with alone, you can get confidential professional help through our *Employee Assistance Program (EAP)*. This program is a generous benefit paid for by your organization at no cost to you or your family.

EAP includes:

- Confidential problem assessment for employees and/or family members;
- Short-term counseling for employees and family members;
Problems could include but are not limited to:
 - Anxiety and depression**
 - Relationship, family and parenting concerns**
 - Grief and loss**
 - Addictions**
 - Financial worries**
 - Work concerns such as co-worker problems**
 - Stress**
- Professional referral assistance should EAP not be appropriate for the situation;
- Follow-up care and concern;
- Convenient office locations in Crown Point, Munster, Dyer, Chesterton, Michigan City, Lafayette and Crawfordsville, Indiana and Chicago Heights, Illinois.
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For every problem there is an answer. EAP is your direct link to help.

Call today.

1-800-747-7262

1-219-662-3730